

**Manjimup Home and Community Care
Wellness and Respite
Community Centre**



**Crowea, Boronia, Autumn and Golden Oldies
Club Activities**

HAVE A LOOK INSIDE

- Social Club Outings and Activities
- Boronia Club Activities
- Over 50's Fitness Group
- Tai Chi
- Men's Outings



April 2024
Consumer, Staff &
Volunteer Monthly
Newsletter



We require volunteers for a variety of roles such as transporting clients for appointments to Bunbury & Busselton, local appointments, and meals on wheels delivery. Other volunteering roles are also available such as helping out at our clubs, cooking & other club activities.



Please note: You will be provided with a work vehicle and a paid lunch for transports to Bunbury or Busselton.

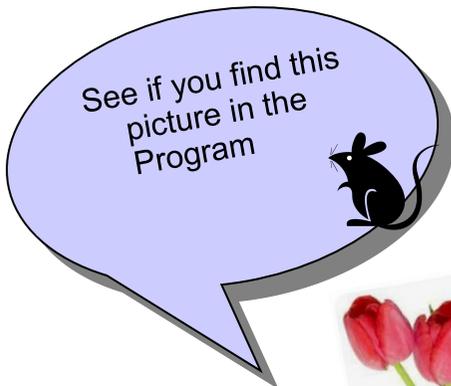
For further information please contact the office on 9771 6900

DURING THE SUMMER MONTHS

On very hot days, support workers would be appreciative if you could close curtains or blinds **or** have air conditioners running to keep your house cool. Our support workers will be more comfortable and able to work more efficiently.



It is important to drink as much water and other fluids each day to keep yourself hydrated.



T	L	I
C	E	O
D	A	S

How many words can you make?
Each word must contain the middle letter.



ACTIVE LIVING EXPO 2024

Hosted by Manjimup Home & Community



Gain information on services and groups that can support you in living a healthy, happy and active lifestyle.

Exhibitors include:

- Community Services—Act Belong Commit
- Carers WA
- GP Down South
- Enable WA
- Advocacy WA and more!

Refreshments available

Free transport service provided:

- Northcliffe at 9.00am
- Pemberton at 8.30am
- Quinninup at 9.30am
- Walpole at 8.00am
- Manjimup home pickup available from 9.00am

For transport bookings please phone Manjimup Home & Community Care on 9771 6900 by 12 April 2024.

Date: Friday 19 April 2024

Time: 10.00am—2.00pm

Venue: Wellness & Respite Community Centre
1A Edwards Street, Manjimup



1 APRIL -CHANGE SMOKE ALARM BATTERIES

When house fires start, only working smoke alarms provide the critical early warning needed to save lives and minimise property damage.



Every year on April 1, DFES promotes the day as a reminder to regularly change smoke alarm batteries at this time each year using high quality, long-life batteries. To ensure smoke alarms work properly, DFES encourages householders to test smoke alarms monthly and change batteries annually.

Please call the MHCC office on 97716 900 with testing your smoke alarm or changing you batteries.

CONSUMER SATISFACTION SURVEY 2024

Dear Consumer,

You will see that that we have included a consumer survey with your April program and we encourage you to complete it thoughtfully and honestly.

The survey is an important tool for Manjimup Home and Community Care to know if we are on track with our service delivery and where we might need to make positive changes.

The surveys are anonymous, however you are welcome to put your name on it if you wish.

You will find a pre-paid envelope included for your convenience.

Please don't waste this opportunity to have your confidential say.



In-Person Peer Support



What is In-Person Peer Support?

The In-Person Peer Support (IPPS) program provides an opportunity for carers to share their experience of being an unpaid carer, learn from others, develop self-care skills and create a supportive network in a safe environment.

IPPS groups can provide a sense of empowerment, understanding and reduce feelings of social isolation.



Manjimup

Venue: Manjimup Home & Community Care
1A Edwards Street

Time: 10.00am - 12.00pm | Mondays
(Fortnightly)

Boyup Brook

Venue: Boyup Brook Community Resource Centre
55 Abel Street

Time: 10.00am - 12.00pm | Wednesdays
(Fortnightly)

Cost: Free | Tea & coffee provided

Eligibility: Must have completed a Carer Gateway planning session



For more information please contact
IPPS@carerswa.asn.au or **1300 227 377**

www.carerswa.asn.au



FONTY'S POOL CARAVAN PARK

invites you to our

Australia's Biggest Morning Tea.

SATURDAY 1st JUNE AT 10.00am

699 SEVEN DAY ROAD MANJIMUP

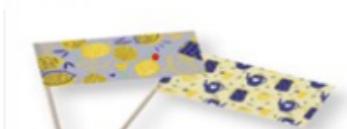
FOR A DONATION OF \$25 ON THE DAY VIA QR CODE

Let's get together and enjoy a cuppa and cake, garden games and more, so we can support those impacted by cancer.

LIMITED SEATS - To join us on the day please RSVP office@fontyspool.com.au by **MONDAY 27th MAY.**

For those who can't make it but would still like to support the cause please use the QR CODE to make your donation.

Fabulous items up for silent auction on the day to further support the cause.



Anzac Day Brunch

When: Wednesday 24 April

Where: Wellness and Respite Community
Centre Club Room

Time: Pick up starts 9.15
Brunch served at 10.00

Cost: \$12.00 brunch
\$3.00 each way transport



Come along and enjoy a delicious cook up for brekkie.

Lest We Forget

Bookings are essential for catering purposes, please phone office on 97716 900



COVID—19 REMINDER

Remember if you are having flu like symptoms please stay at home! Let the office know if you have a service.

Please use hand sanitiser or wash your hands regularly.

MEN'S OUTING

- WHEN:** Wednesday 3 April
WHERE: Franklin River
TIME: Pick up Manjimup starts at 8.00am
COST: \$20.00 transport
\$ 5.00 sausages
\$ 8.00 kebabs



Come along and enjoy a day out with mates and enjoy your last BBQ lunch before the rain.

Bookings are essential prior to 27 March; please contact the office on 9771 6900

MEN'S OUTING

- WHEN:** Wednesday 17 April
WHERE: Mystery Trip
TIME: Pick up Manjimup starts at 8.00am
COST: \$20.00 transport



Come along and enjoy a day out with mates to unknown destination.
Lunch at your own expense at choice of cafe .

Bookings are essential prior to 10 April; please contact the office on 9771 6900

AUTUMN CLUB & GOLDEN OLDIES OUTING

WHEN: Friday 12 April

WHERE: Boyup Brook

TIME: Pick up CWA Pemberton 9.00am
Pick up Northcliffe 9.30am

COST: \$20.00 transport

We are heading to Boyup Brook for the day!

Come along and enjoy a nice day out, lunch at chosen café at own expense.

Bookings are essential prior to 5 April; please contact the office on 9771 6900



SOCIAL OUTING

WHEN: Friday 26 April

WHERE: Hamlin Bay

TIME: Pick up starts 8.30am

COST: \$20.00 transport



Come along and enjoy an outing to Hamelin Bay before enjoying a lovely lunch with friends at Karridale Tavern.

Lunch at your own expense.

Bookings are essential prior to 19 April; please contact the office on 9771 6900

BORONIA CLUB

10am - 2pm every Monday and Friday

The Boronia Club provides a warm, homely environment.

Family carers can enjoy a short break from their caring role, confident in the knowledge that their loved one is enjoying a wonderful time with caring, staff and friends.

If you are feeling lonely or socially isolated come along and have some fun.

The day consists of morning tea and a nutritious hot meal cooked at the Centre.

We provide a range of meaningful activities or just a space to enjoy company and interaction with others.

Boronia Club runs on Mondays and Fridays with a pick up service beginning at 9.15am.

If you would like more information, please contact the Wellness and Respite Community Centre during office hours on **9771 6900**.

The Lunch Bunch

Let's hit the restaurants/cafes on the 1st Friday of every month.



Where: Quinninup Tavern

When: Friday 5 April

Time: Pick up starts 10.30am

Come along and enjoy a day off preparing lunch, sit back and enjoy the company of others.

Bookings are essential: please phone office on 97716 900.

TAI CHI

WHEN: Every Wednesday 10.30am - 11.30am

COST: \$10.00

WHERE: Wellness and Respite Community Centre



The benefits of Tai Chi for seniors are incredible. A low-impact, relaxing form of exercise that only requires about 20 minutes a day and rewards your efforts. Tai Chi is an internal Chinese martial art in the sense that it focuses on mental and spiritual aspects integrated into movement.

If you require more information please the phone office on 9771 6900.

KATHY'S CUTS & COLOURS

If you are finding it hard to get an appointment or transport down town, then Kathy is your lady, she will come to your home for all your hair needs.



Over 50's Exercise Group

Combine fun, dancing and fitness at the over 50's Exercise Group

WHEN: Every Tuesday and Thursday

WHERE: Wellness and Respite Community Centre



TIME: 9.00am - 10.00am: Followed by morning tea

COST: \$4.00

For anyone over the age of 50, all fitness levels are welcome to join in. The exercise program is a private group of seniors that get together to keep their body and mind active & moving.

Join us for a delicious, home made hot lunch at 12.00pm at the Manjimup Wellness and Respite Community Centre.

All meals will be served at 12.00pm.

Cost for CHSP clients \$12.00

Cost for NON –CHSP CLIENTS \$16.50

If you would like to be approved for meals as a CHSP client you will need a referral, followed by a phone call or possibly a face to face assessment from the My Aged Care team.

Please let us know if you have any food allergies. That way we can make sure we don't include the allergen in our meals.

Bookings are essential, please phone reception on 9771 6900

GOOD FOOD

GOOD MOOD

MONDAY MENU



- 1 April -** Spaghetti Bolognese served with garlic bread.
Dessert: Fruit, jelly & ice cream.
- 8 April -** Marinated chicken legs served with mash & greens.
Dessert: Fruit salad & ice cream.
- 15 April -** Cottage Pie served with greens.
Dessert: Banana & ice cream
- 22 April -** Chicken stir fry & fired rice.
Dessert: Berries & ice cream.
- 29 April -** Quiche, chips & salad.
Dessert: Fruit salad & ice cream.

THURSDAY MENU

- 4 April** - Chicken carbanara.
Dessert: Berries and ice cream.
- 11 April** - Bangers & mash served with greens.
Dessert: Bread & butter pudding with ice cream.
- 18 April** - Roast Pork, served with roasted vegetables & greens.
Dessert: Fruit salad & custard.
- 25 April** - PUBLIC HOLIDAY.



FRIDAY MENU

- 5 April** - Roast chicken served with vegetables.
Dessert: Fruit, jelly & ice cream.
- 12 April** - Fish, chips & salad.
Dessert: Fruit & rice cream.
- 19 April** - Bangers & mash served with greens.
Dessert: Bread & butter pudding & custard.
- 26 April** - Tuna patties served with vegetables.
Dessert: Apple crumble & cream.



CROWEA & BORONIA CLUB M

Mon 1	Tue 2	Wed 3
 <p>Easter MONDAY</p>	<p>Over 50's Exercise Group (refer to page 11)</p>	<p>Men's Outing (Refer to page 8)</p> <p>TAI CHI (refer to page 11)</p>
Mon 8	Tues 9	Wed 10
<p>Boronia Club (refer to page 10)</p>	<p>Over 50's Exercise Group (refer to page 11)</p> <p>Games afternoon 2pm - 4pm</p>	<p>TAI CHI (refer to page 11)</p>
Mon 15	Tues 16	Wed 17
<p>Boronia Club (refer to page 10)</p>	<p>Over 50's Exercise Group (refer to page 11)</p> <p>Movie Afternoon 2pm - 4pm</p>	<p>Men's Outing (Refer to page 8)</p> <p>TAI CHI (refer to page 11)</p>
Mon 22	Tues 23	Wed 24
<p>Boronia Club (refer to page 10)</p>	<p>Over 50's Exercise Group (refer to page 11)</p>	<p>Anzac Day Brekkie (refer to page 7)</p> <p>TAI CHI (refer to page 11)</p>
Mon 29	Tue 30	
<p>Boronia Club (refer to page 10)</p> <p>Carers WA (refer to page 5)</p>	<p>Over 50's Exercise Group (refer to page 11)</p>	

MONTHLY ACTIVITIES PROGRAMME

Thurs 4	Fri 5	Sat 6
<p>Over 50's Exercise Group (refer to page 11)</p> <p>Lunch 12pm - 1pm If you require lunch remember to order</p> <p>Bingo 1 - 3pm</p>	<p>Boronia Club (refer to page 10)</p> <p>The Lunch Bunch (refer to page 10)</p>	
Thurs 11	Fri 12	Sat 13
<p>Over 50's Exercise Group (refer to page 11)</p> <p>Lunch 12pm - 1pm If you require lunch remember to order</p> <p>Bingo 1 - 3pm</p>	<p>Boronia Club (refer to page 10)</p> <p>Pembi/ N'Cliffe Social Outing (refer to page 9)</p>	<p>Margaret River Day Out</p> <p>Pick up starts 8.00am Drop home approx 4.00pm</p>
Thurs 18	Fri 19	Sat 20
<p>Over 50's Exercise Group (refer to page 11)</p> <p>Lunch 12pm—1pm If you require lunch remember to order</p> <p>Bingo 1 - 3pm</p>	<p>Boronia Club (refer to page 10)</p> <p>Active Living Expo (Refer to page 3)</p>	
Thurs 25	Fri 26	Sat 27
	<p>Boronia Club (refer to page 10)</p> <p>Manjimup Social Outing (refer to page 9)</p>	<p>Eaton Fair Day Out</p> <p>Pick up starts 8.00am Drop home approx 4.00pm</p>
		<p>Please phone the office on 9771 6900 to book the Activities.</p>



Carers WA

Connect Up!

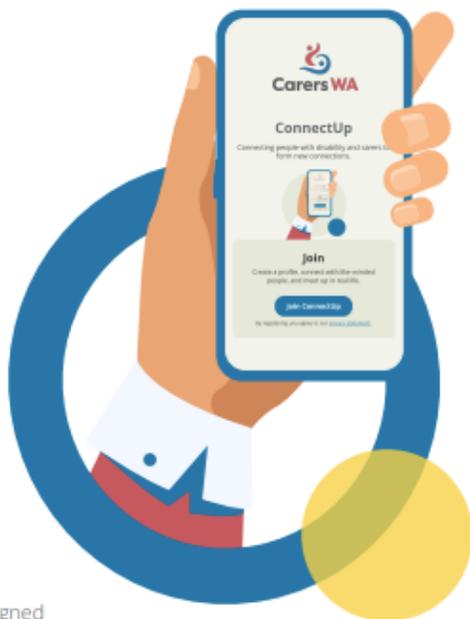
New social connection platform for carers and people with disability.

Carers WA have teamed up with Curtin University Research team, Health Redesigned and Eduka Web Design to develop an online social connection platform called '**Connect Up!**'

Connect Up! enables people to connect, meet and engage in the community.

If you are a carer or person with disability wanting to form social connections with peers and increase opportunities for physical exercise, sport, and recreation, then the **ConnectUp!** platform may be for you!

Become a free member and get started by accessing the link connectup.carerswa.asn.au/ or scanning the QR code, and following the registration steps on the platform.



www.carerswa.asn.au

Truck Sayings & Slogans

When commuting on highways we see all sorts of different vehicles. Some of them have sentences or slogans displayed. Here are some inspirational, cheeky, comic phrases found on vehicles.

1. Money may not buy happiness, but I'd rather cry in a Ferrari than on a bus..
2. I have 99 problems but my car isn't one of them.
3. It is better to let people think you're a dill than open your mouth and leave no doubt.
4. "Free Brake check" - Stop here if you can!
5. Trust me, I am koalafied to drive!
6. It's a long, windy, lonely road, but somebody has to do it!
7. This ain't no 9 to 5! No Sir!
8. Truckers are like Jedi; they see things before they happen.
9. Those who love roses, tolerate the thorns.
10. I don't stop when I'm tired; I stop when I'm done!
11. Hmm... and my teacher told me I would never get paid to stare at the window all day!
12. We haul loads of things, even that shiny diamond ring!
13. You'll never get to work on time... Ha ha...Ha...!
14. God protect the beautiful women... and the ugly ones if he has time!
15. Don't follow me... I am lost.
16. My wife told me: the truck or her! I miss her sometimes...
17. Better being a first rate truck driver than a tenth-rate executive!
18. I can't change the direction of the wind, but I can adjust my sails to reach my destination.
19. Don't honk! Even the dog doesn't bark without reason.
20. Are you stuck behind a truck? Keep calm because milk, bread, and eggs won't walk to the store!

Spot the Differences 10 to find!



Refer to page 24 answers

The Doctor

Morris, an 82 year old man went to the Doctor to get a physical. A few days later the Doctor saw Morris walking down the street with a gorgeous young woman on his arm.

A couple of days later the Doctor spoke to Morris and said "you're really doing great, aren't you!".

Morris replied "Just doing what you said Doc" - "Get a hot mamma and be cheerful!"

The Doctor said "I didn't say that, I said "you've got a heart murmur - be careful!"

ooh!!!

One-Liners

Always find a reason to laugh - it may not add years to your life but will surely add life to your years.

I've reached an age where my train of thought often leaves the station without me.

It Happened in April Quiz

Question	Answer
1 April in the southern Hemisphere is the equivalent of which month in the Northern Hemisphere and vice versa?	:
2 April was named after the Greek Goddess Aphrodite: True or False?	:
3 Name the Dutch artist born in April 1853 and known for painting "Starry Night"	:
4 Which major Jewish holiday is celebrated in April?	:
5 Where did the world's worst nuclear accident take place in April 1986?	:
6 Name the ship that sank on April 15, 1912 carrying 2,435 passengers	:
7 April marks the birth of (arguably) the most influential writer of all time - who is he?	:
8 Name the postal service that operated in the American West in 1860 where mail was delivered by horse-mounted riders	:
9 What kind of advertising was banned from TV in April 1970 (US)?	:
10 Which musical opened on Broadway in April, 1949?	:
11 Name the sci-fi film directed by Stanley Kubrick that was released in April 1968	:
12 In April 1974, Sweden won the 19th Eurovision Song Contest; who was the band and what was the name of the winning song?	:
13 Which important treaty was signed by 12 founding nations in April, 1949?	:
14 Name the South American country that inaugurated their new Capital on April 21, 1960?	:
15 What is April's birthstone?	:
16 Name the founder of a popular Eastern philosophy who celebrates his birthday in April	:
17 Which cosmonaut became the first human in space on April 12, 1961?	:
18 Which British explorer arrived in Botany Bay, Australia in April, 1770?	:

Word Ladder #1

Warm – Cold

Instructions: In word ladders, you change one word into another. At each step along the way, change just one letter to make a new word. Clues are given at each step!

Answers	Hint
W A R M	A comfortable heat
_____	Cultivate land
_____	Ticket price
_____	Feel concern or interest
_____	Middle of an apple
_____	Wine stopper
_____	Thick string
_____	US manufacturer of automobiles
_____	Make fit in an envelope
C O L D	Chilly

Refer to page 28 for answers

Word Search

DOG BREEDS



C O Y C G J A V G B O F A J
O I D P E E P V G J B I K F
C R G U R N B I R K R A I Q
K I D L M G O Z E F I F T N
E S M I A L R S Y S T G A R
R H S J N I D L H C T H I H
S T A Y S S E A O H A A W A
P E L J H H R H U O N N S V
A R U I E S C S N W Y H D A
N R K B P E O C D C P O R N
I I I B H T L K D H I U V E
E E W D E T L U V O W N G S
L R W G R E I M I W D D E E
O O K I D R E L R B O X E R

Border Collie	German Shepherd	Puli	Afghan Hound
Greyhound	Saluki	Vizsla	Chow Chow
Cocker Spaniel	English Setter	Brittany	Irish Terrier
Havanese	Pug	Akita	Boxer

Easy oven-baked frittata recipe

35m prep 43m cook 4 servings

Ingredients

- 2 medium potatoes
- 2 tbsp olive oil
- 1 red onion, chopped
- 70g pancetta, chopped
- 100g baby spinach
- 200g red grape tomatoes, halved
- 1 red capsicum, chopped
- 8 eggs
- 1/2 cup shredded parmesan cheese
- 1/4 cup grated cheese



Method

Step 1

Preheat oven to 200°C. Lightly grease a 5cm-deep 26cm x 16.5cm ovenproof dish. Pierce each potato 4 times with a bamboo skewer. Boil until tender. Allow to cool. Thinly slice.

Step 2

Meanwhile, heat oil in a non-stick frying pan over medium heat. Add onion. Cook, stirring, for 3 minutes. Add pancetta. Cook, stirring, for 3 to 4 minute or until onion is tender and pancetta golden. Add spinach. Cook for 1 minute or until spinach is just wilted.

Step 3

Combine onion mixture, tomatoes and capsicum in a bowl. Arrange half the potato, in a single layer over prepared dish. Top with half the onion mixture. Repeat with remaining potato and onion mixture.

Step 4

Whisk eggs and cream in a bowl. Gently pour egg mixture over vegetable mixture. Sprinkle with parmesan and grated cheese. Bake for 30 to 35 minutes or until egg mixture is set and top golden. Stand for 5 minutes. Serve.

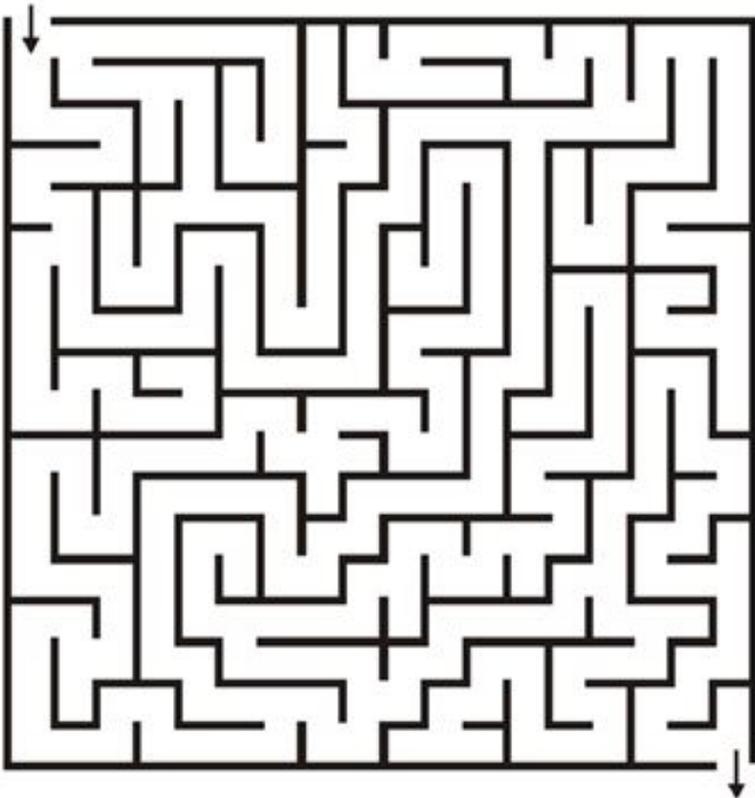
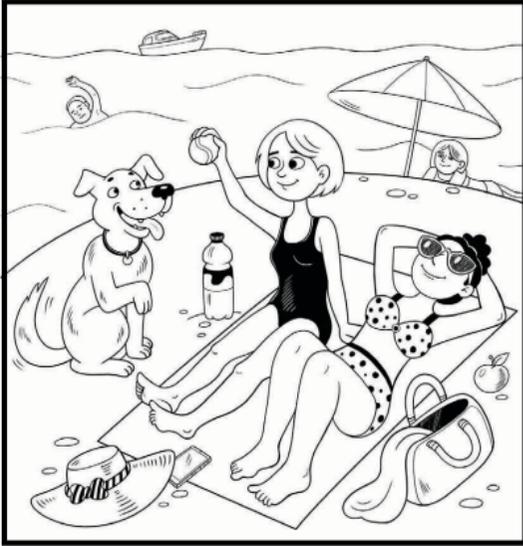
<https://www.taste.com.au/recipes/easy-oven-baked-frittata>

Match the Character to the Book

Questions

Holden Caulfield	Oliver Twist
Elizabeth Bennet	Breakfast at Tiffany's
Scarlett O'Hara	Little Women
Artful Dodger	Anne of Green Gables
Hermione Granger	A Streetcar Named Desire
Holly Golightly	Crime and Punishment
Daisy Buchanan	The Big Sleep
Jo march	Wuthering Heights
Anne Shirley	The Colour Purple
Hercule Poirot	The Hound of the Baskervilles
Blanche Dubois	Gone With The Wind
Rodion Raskolnikov	Harry Potter & the Philosopher's Stone
Heathcliff	The Great Gatsby
Celie	Don Quixote
Sherlock Holmes	Pride and Prejudice
Philip Marlowe	The Catcher in the Rye
Mary Lennox	The Murder of Roger Ackroyd
Sancho Panza	The Secret Garden

Spot the Differences 10 to find!



Word Search

ANZAC DAY



D Z T S W P T J V Q D B U X
A X R E N E W L I A I D Y P
R G E L O N O S C U G O C Q
D U N E V I U O T S G O B M
A L C V E N P L O T E E N E
N P H E M S Q D R R R K C W
E R E N B U Z I I A N I V F
L X S T E L V E A L F Q U L
L C Y H R A T R C I I O S A
E C O M M E M O R A T I O N
S Z Z G I I E C O C S R V D
W A R B E X A L S S A U E E
R S I M P S O N S T K C K R
C O M M O N W E A L T H X S

Australia
Digger
Peninsula
Twoup

Commemoration
Eleventh
Sacrifice
Simpson

Commonwealth
Flanders
Soldier
Victoria Cross

Dardanelles
November
Trenches
War

How to Play Sudoku

Sudoku is a puzzle involving logic - no arithmetic or guessing is required! The basic idea of completing puzzles is to find cells (the small squares) where you are sure that only one value is a valid placement.

The Basics

The rules of Sudoku are that you should fill a number in to every cell in the grid, using the numbers 1 to 9. The restriction is that you can only use each number once in each row, each column, and in each of the 3 x 3 boxes.

HAVE A GO AT SUDUKO!!!

						3		
			3					5
5			9	7			8	2
	4		7			9	5	
9	8			6			7	3
	1	3			8		2	
3	7			8	4			6
2					9			
		1						

See Answers on page 30

Afternoon TEA PARTY & Sausage Sizzle

National 20-26 MAY 2024
Volunteer
Something for Everyone **Week**

 Western Australian
Community
Resource
Network
Your local connection

20 MAY
5:30 pm
2024

**SAVE THE
DATE**



**Venue to be
Advised**

"Celebrating Our Volunteers" **VOLUNTEERS**

Word Ladder #1 – **Answers**

Warm – Cold

How did you do? Answers provided below.

Answers	Hint
WARM	A comfortable heat
FARM	Cultivate land
FARE	Ticket price
CARE	Feel concern or interest
CORE	Middle of an apple
CORK	Wine stopper
CORD	Thick string
FORD	US manufacturer of automobiles
FOLD	Make fit in an envelope
COLD	Chilly

FUN RIDDLE

Fun Riddle #21

*Four fingers and a thumb
Yet flesh & bone, I have none*

To answer this riddle, follow the steps below.
Once complete, the unmarked words will reveal the answer.

- Cross-out 6 ancient cultural monuments
- Tick 8 art movements
- Circle 6 types of pearls
- Underline 8 car body types
- Scribble through 6 types of pine trees
- Shade 7 perfume brands



Stonehenge	Tahitian	Dior	Nouveau	Jack	Armani
Convertible	Digital	Acropolis	Boss	South sea	Cubism
Ponderosa	Pyramids	Givenchy	Hatchback	Glove	Chanel
Cartier	Pop	Saltwater	Folk	Bristlecone	Sedan
Expressionism	Spruce	Coupe	Coliseum	Freshwater	Gucci
Limousine	Olympia	Cultured	Virginia	Van	Abstract
Wagon	Natural	Pitch	SUV	Realism	Angkor

Refer to page 30 for answers

Answers to It happened in April quiz from page 19

1. October
2. True
3. Vincent Van Gogh
4. The Passover
5. Chernobyl
6. The Titanic
7. William Shakespeare
8. The Pony Express; for \$5 an ounce, letters were delivered from Missouri to California (2,000 miles away). Each rider rode 75 to 100 miles before handing the post to the next rider
9. Cigarette advertising
10. South Pacific
11. 2001 A Space Odyssey
12. ABBA, Waterloo
13. NATO (North Atlantic Treaty Organization)
14. Brazil inaugurated Brasilia. Brazil's previous capital was Rio de Janeiro.
15. Diamond
16. Buddha
17. Yuri Gagarin
18. Captain James Cook
19. Pierre Trudeau
20. Aries and Taurus

Answers to Sudoku from page 26

4	9	7	8	2	5	3	6	1
1	2	8	3	4	6	7	9	5
5	3	6	9	7	1	4	8	2
6	4	2	7	1	3	9	5	8
9	8	5	4	6	2	1	7	3
7	1	3	5	9	8	6	2	4
3	7	9	2	8	4	5	1	6
2	6	4	1	5	9	8	3	7
8	5	1	6	3	7	2	4	9

Match the Character to the Book

Answers

Holden Caulfield	The Catcher in the Rye
Elizabeth Bennet	Pride and Prejudice
Scarlett O'Hara	Gone With The Wind
Artful Dodger	Oliver Twist
Hermione Granger	Harry Potter & the Philosopher's Stone
Holly Golightly	Breakfast at Tiffany's
Daisy Buchanan	The Great Gatsby
Jo march	Little Women
Anne Shirley	Anne of Green Gables
Hercule Poirot	The Murder of Roger Ackroyd
Blanche Dubois	A Streetcar Named Desire
Rodion Raskolnikov	Crime and Punishment
Heathcliff	Wuthering Heights
Celie	The Colour Purple
Sherlock Holmes	The Hound of the Baskervilles
Philip Marlowe	The Big Sleep
Mary Lennox	The Secret Garden
Sancho Panza	Don Quixote



Just sending out
a small smile
to whoever
may need
one today !



And the winner of the \$5.00
scratchie is

Harold Duncan

CONGRATULATIONS!



YOUR COMMENTS & FEEDBACK
ARE ALWAYS WELCOME.

MHCC Office Phone: 9771 6900

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