

**Manjimup Home and Community Care
Wellness and Respite
Community Centre**



**Crowea, Boronia, Autumn and Golden Oldies
Club Activities**

HAVE A LOOK INSIDE

- Social Club Outings and Activities
- Boronia Club Activities
- Over 50's Fitness Group
- Tai Chi
- Men's Outings
- Repair Cafe



May 2024
Consumer, Staff &
Volunteers Monthly
Newsletter

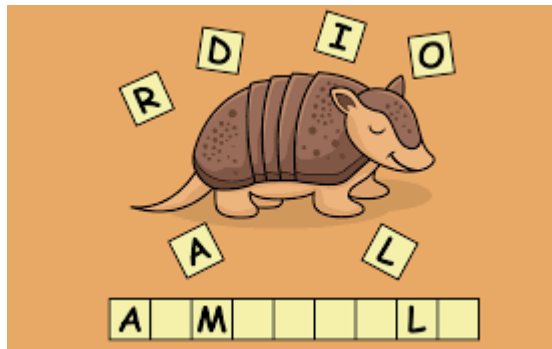


We require volunteers for a variety of roles such as transporting clients for appointments to Bunbury & Busselton, local appointments, and meals on wheels delivery. Other volunteering roles are also available such as helping out at our clubs, cooking & other club activities.



Please note: You will be provided with a work vehicle and a paid lunch for transports to Bunbury or Busselton.

For further information please contact the office on 9771 6900



Unscramble the word.
Refer to page 16 for answers.

See if you find this picture in the Program



N	M	P
I	A	R
T	T	O

How many words can you make?
Each word must contain the middle letter.



Repair Café

**FREE
EVENT**

10.00am-12.30pm

2nd Monday of the month
12th February, 11th March,
13 May & 10th June



BRING ➡ your broken items (clothes, jewellery, toys, household items)

SAVE ➡ money

STAY ➡ while your item is mended

ENJOY ➡ light refreshments (thank you Park Cafe)

LEARN ➡ new skills

PROTECT ➡ the environment

CONNECT ➡ with others

Venue

Wellness and Respite Community Centre
1A Edwards Street
Call Ph: 9771 1653 for more information

Supported by



Active Living Expo 2024

MHCC's recent Active Living Expo held on April 19 was a fantastic day filled with quality displays, inspiring and helpful information.

Services and organisations present included: Better Life Centre, Advocare (Aged Care), Anglicare WA, Niagra Therapy, Enable WA, Advocacy WA, Southern Forest Arts, GP Down South, Carers WA, WACHS WA, Baptist Care, Vision Australia, Camcan, Probus, Manjimup Arts Hub, Lions Club, Alzheimer's WA, DFES, DHAC, South West AMS & Wood Turners.

The Active Living Expo attracted visitors from Manjimup, Northcliffe and as far as Walpole.

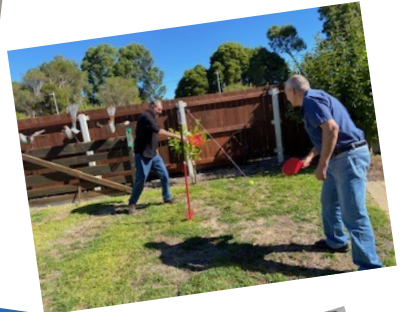
FREE lunch consisted of sausage sizzle and a variety of soups.

Many thanks to the local businesses who kindly donated to the Active Living Expo 2024:

- Manjimup Sports Power
- Reject shop
- Ambassadors Pharmacy
- Empire House of Hair
- Elders Rural Farm Supplies
- Guadagnino Family
- Manjimup Bakery
- Manjimup Meat Mart
- Fonty's Hire
- Janet Foreman
- Leone Osboine

The feed back from the exhibitors and attendees was very Positive. Thank you to everyone involved in organizing this important event.

Active Living Expo 2024



Patient Assisted Travel Scheme

Patient Assisted Travel Scheme (PATS) is funded by the State Government's Royalties for Regions program and is administered by WA Country Health Service (WACHS) and provides a subsidy towards travel and accommodation expenses for eligible country residents needing to travel to access specialist medical services that are not available locally.

There is an updated form that now requires your bank details if you opt for direct deposit into your bank account. The other option is to tick for a cheque to be issued.

If you are first time using PATS you are required to complete a PATS Registration and Recipient Details form.

[WA Country Health Service - Patient Assisted Travel Scheme - PATS](#)

CONSUMER SATISFACTION SURVEY 2024

Dear Consumer,

Thankyou to all consumers that have taken the time to complete the survey you received in the April newsletter.

If you have not yet done so, it's not too late.

The survey is an important tool for Manjimup Home & Community Care to know if we are on track with our service delivery and where we might need to make positive changes.

The surveys are anonymous, however you are welcome to put your name on it if you wish.

You will find a pre-paid envelope included for your convenience.

Please don't waste this opportunity to have your confidential say.



In-Person Peer Support



What is In-Person Peer Support?

The In-Person Peer Support (IPPS) program provides an opportunity for carers to share their experience of being an unpaid carer, learn from others, develop self-care skills and create a supportive network in a safe environment.

IPPS groups can provide a sense of empowerment, understanding and reduce feelings of social isolation.



Manjimup

Venue: Manjimup Home & Community Care
1A Edwards Street

Time: 10.00am - 12.00pm | Mondays
(Fortnightly)

Boyup Brook

Venue: Boyup Brook Community Resource Centre
55 Abel Street

Time: 10.00am - 12.00pm | Wednesdays
(Fortnightly)

Cost: Free | Tea & coffee provided

Eligibility: Must have completed a Carer Gateway planning session



For more information please contact
IPPS@carerswa.asn.au or 1300 227 377

www.carerswa.asn.au

COVID—19 REMINDER

Remember if you are having flu like symptoms please stay at home! Let the office know if you have a service.

Please use hand sanitizer or wash your hands regularly.

MEN'S OUTING

- WHEN:** Wednesday 1 May
WHERE: Bunbury Geographe Motor Museum
TIME: Pick up Manjimup starts at 8.00am
COST: \$20.00 transport



Come along and enjoy a day out with mates and enjoy your day checking out the Car Museum in Bunbury.

Lunch at choice of café at own expense.

Bookings are essential prior to 24 April; please contact the office on 9771 6900

MEN'S OUTING

- WHEN:** Wednesday 15 May
WHERE: Mystery Trip
TIME: Pick up Manjimup starts at 8.00am
COST: \$20.00 transport



Come along and enjoy a day out with mates to unknown destination.

Lunch at your own expense at choice of cafe .

Bookings are essential prior to 8 May; please contact the office on 9771 6900



AUTUMN CLUB & GOLDEN OLDIES OUTING

WHEN: Friday 10 May

WHERE: The Berry Farm

TIME: Pick up CWA Pemberton 9.00am
Pick up Northcliffe 9.30am

COST: \$20.00 transport



We are heading to The Berry Farm near Margaret River for the day!

Come along and enjoy a nice day out, lunch at The Berry Farm at own expense.

Bookings are essential prior to 3 May; please contact the office on 9771 6900

SOCIAL OUTING

WHEN: Friday 24 May

WHERE: Ferguson Valley

TIME: Pick up starts 8.30am

COST: \$20.00 transport



Come along and enjoy an outing before enjoying a lovely lunch with friends at the Dardanup Tavern at your own expense.

Bookings are essential prior to 17 May; please contact the office on 9771 6900

BORONIA CLUB

10am - 2pm every Monday and Friday

The Boronia Club provides a warm, homely environment.

Family carers can enjoy a short break from their caring role, confident in the knowledge that their loved one is enjoying a wonderful time with caring, staff and friends.

If you are feeling lonely or socially isolated come along and have some fun.

The day consists of morning tea and a nutritious hot meal cooked at the Centre.

We provide a range of meaningful activities or just a space to enjoy company and interaction with others.

Boronia Club runs on Mondays and Fridays with a pick up service beginning at 9.15am.

If you would like more information, please contact the Wellness & Respite Community Centre during office hours on **9771 6900**

The Lunch Bunch

Let's hit the restaurants/cafes on the 1st Friday of every month.

Where: Nannup Hotel

When: Friday 3 May

Time: Pick up starts 10.30am

Cost: \$15.00 transport

Come along and enjoy a day off from preparing lunch and sit back and enjoy the company of others.

Bookings are essential: please phone office on 97716 900.



TAI CHI

WHEN: Every Wednesday 10.30am - 11.30am

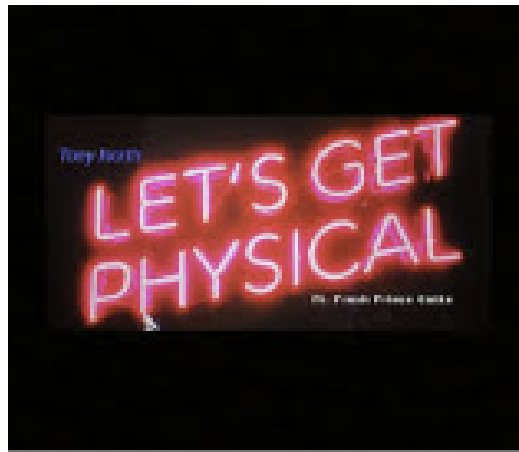
COST: \$10.00

WHERE: Wellness and Respite Community Centre



The benefits of Tai Chi for seniors are incredible. A low-impact, relaxing form of exercise that only requires about 20 minutes a day and rewards your efforts. Tai Chi is an internal Chinese martial art in the sense that it focuses on mental and spiritual aspects integrated into movement.

If you require more information please the phone office on 9771 6900.



Over 50's Exercise Group

Combine fun, dancing and fitness at the over 50's Exercise Group

WHEN: Every Tuesday and Thursday

WHERE: Wellness and Respite Community Centre

TIME: 9.00am - 10.00am: **Followed by morning tea**

COST: \$4.00



For anyone over the age of 50, all fitness levels are welcome to join in. The exercise program is a private group of seniors that get together to keep their body and mind active & moving.

Join us for a delicious, home made hot lunch at 12.00pm at the Manjimup Wellness & Respite Community Centre.

All meals will be served at 12.00pm.

Cost for CHSP clients \$12.00

Cost for NON –CHSP CLIENTS \$16.50

If you would like to be approved for meals as a CHSP client you will need a referral, followed by a phone call or possibly a face to face assessment from the My Aged Care team.

Please let us know if you have any food allergies. That way we can make sure we don't include the allergen in our meals.

Bookings are essential, please phone reception on 9771 6900

GOOD FOOD

GOOD MOOD

MONDAY MENU



- 6 May -** Spaghetti Bolognese served with garlic bread.
Dessert: Fruit, jelly & ice cream.
- 13 May -** Marinated chicken legs served with mash & greens.
Dessert: Fruit salad & ice cream.
- 20 May -** Cottage Pie served with greens.
Dessert: Banana & ice cream
- 27 May -** Chicken stir fry & fired rice.
Dessert: Berries & ice cream.

THURSDAY MENU

- 2 May** - Cottage pie.
Dessert: Berries and ice cream.
- 9 May** - Marinated chicken legs & Chinese vegetables.
Dessert: Peaches & custard.
- 16 May** - Roast Pork, served with roasted vegetables & greens.
Dessert: Fruit salad & custard.
- 23 May** - Tuna mornay.
Dessert: Cheese cake.
- 30 May** - Apricot chicken.
Dessert: Apple crumble & custard.



FRIDAY MENU


- 3 May** - Roast chicken served with vegetables.
Dessert: Fruit, jelly & ice cream.
- 10 May** - Fish, chips & salad.
Dessert: Fruit & rice cream.
- 17 May** - Bangers & mash served with greens.
Dessert: Bread & butter pudding & custard.
- 24 May** - Tuna patties served with vegetables.
Dessert: Apple crumble & cream.
- 31 May** - Corned Silverside served with mash & vegetables.
Dessert: Apple pie & custard



CROWEA & BORONIA CLUB M

		Wed 1
		Men's Outing (Refer to page 8) TAI CHI (refer to page 11)
Mon 6	Tues 7	Wed 8
Boronia Club (refer to page 10)	Over 50's Exercise Group (refer to page 11)	TAI CHI (refer to page 11)
Mon 13	Tues 14	Wed 15
Boronia Club (refer to page 10) Carers WA (refer to page 5) Repair café (refer to page 6)	Over 50's Exercise Group (refer to page 11)	Men's Outing (Refer to page 8) TAI CHI (refer to page 11)
Mon 20	Tues 21	Wed 22
Boronia Club (refer to page 10)	Over 50's Exercise Group (refer to page 11)	TAI CHI (refer to page 11)
Mon 27	Tue 28	Wed 29
Boronia Club (refer to page 10) Carers WA (refer to page 5)	Over 50's Exercise Group (refer to page 11) Movie & dinner 2.30pm - 6.00pm \$12.00 for meal	TAI CHI (refer to page 11)

MONTHLY ACTIVITIES PROGRAMME

Thurs 2	Fri 3	Sat 4
<p>Over 50's Exercise Group (refer to page 11)</p> <p>Lunch 12pm - 1pm If you require lunch remember to order</p> <p>Bingo 1pm - 3pm</p>	<p>Boronia Club (refer to page 10)</p> <p>The Lunch Bunch (refer to page 10)</p>	
Thurs 9	Fri 10	Sat 11
<p>Over 50's Exercise Group (refer to page 11)</p> <p>Lunch 12pm - 1pm If you require lunch remember to order</p> <p>Bingo 1pm - 3pm</p>	<p>Boronia Club (refer to page 10)</p> <p>Pembi/ N'Cliffe Social Outing (refer to page 9)</p>	<p>Bunbury Day Out</p> <p>Pick up starts 8.00am Drop home approx 4.00pm</p>
Thurs 16	Fri 17	Sat 18
<p>Over 50's Exercise Group (refer to page 11)</p> <p>Lunch 12pm - 1pm If you require lunch remember to order</p> <p>Bingo 1pm - 3pm</p>	<p>Boronia Club (refer to page 10)</p> 	
Thurs 23	Fri 24	Sat 25
<p>Over 50's Exercise Group (refer to page 11)</p> <p>Lunch 12pm - 1pm If you require lunch remember to order</p> <p>Bingo 1pm - 3pm</p>	<p>Boronia Club (refer to page 10)</p> <p>Manjimup Social Outing (refer to page 9)</p>	<p>Nannup Day Out</p> <p>Pick up starts 8.00am Drop home approx 4.00pm</p>
Thurs 30	Fri 31	
<p>Over 50's Exercise Group (refer to page 11)</p> <p>Lunch 12pm - 1pm If you require lunch remember to order</p> <p>Bingo 1pm - 3pm</p>	<p>Boronia Club (refer to page 10)</p>	<p>Please phone the office on 9771 6900 to book the Activities.</p>

Word Search



HONEYBEE WORD SEARCH

I I G F R V O W O A D U L L
I N R E A Z U I L P C J W L
R S J Z F D N W I N G X T Q
Y E T S Z M A N U K A Z X Q
U C H I W Q G W S W T T N U
X T H O N A K S S C V E L E
O C B U N G R E Y O L Q V E
Z F U N T E E M W L K I E N
E L M E W B Y R O O H B O R
T Y B O U E G P R N B W A O
Y E L L O W C R K Y G T X H
V F E I H H O N E Y C O M B
Q Z S I V W A U R E R J D T
M J B U Z Z I B N N F S R E

Honey

Bee

Hive

Honeycomb

Wing

Yellow

Queen

Bumble

Buzz

Fly

Nectar

Beeswax

Swarm

Flowers

Insect

Stinger

Colony

Manuka

Pollen

Worker

International Nurses day 12th May 2024 Happy Nurses Day Poem

The Nurse

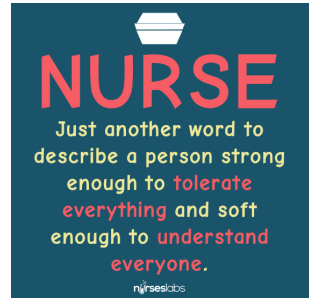
By Emily Dickinson

She walked the wards, serene and calm
With noiseless footfall, soft and light;
Her watchful care, her healing balm,
Made darkest shadows turn to bright.

She came and went, with tireless zeal,
With ready hand, with patient heart;
To all who suffer, she would kneel,
And gentlest soothing would impart.

She saw the weak and helpless lie,
She heard the moans of pain and woe;
But ever to the suffering eye
She brought a smile, a cheering glow.

O nurse divine, whose gentle skill
Can lift the burden from the breast,
Whose kindly hand can soothe and still
The pain that robs the soul of rest!



Lucky winner of the
Easter Egg raffle was
Ron Cresey & lucky
number of Easter Eggs
in jar was Leone
Osboine with 49 Easter
Eggs

FIND THE HIDDEN OBJECTS

Can you find all 10?



FOOD QUIZ

Questions

1. Which fruit's seed is on the outside?
2. What condiment was formerly sold as a medication?
3. What causes a hole in Swiss Cheese?
4. What most common fruit is mistaken for a nut?
5. What part of the plant is the carrot?
6. Which vegetable is man's invention?
7. What is the most beneficial mineral in spinach?
8. What is the full name of M & M?
9. Which fruit has the highest water content?
10. Which plant was the first to be cultivated in space?
11. What food will never spoil or expire?
12. What is the main ingredient in ice cream?
13. What fruit is known as the "king of fruits"?
14. What is the most popular fruit in the world?
15. What fruit is used to make strawberry jam?
16. What fruit is known for being high in vitamin C?
17. What vegetable is high in vitamin A?
18. Which is the oldest known fruit?
19. What pepper is the hottest in the world?
20. What is the name of the world's most expensive coffee?

Fun Riddle #24

*I'm tall when I'm young
I'm short when I'm old
What am I?*

To answer this riddle, follow the steps below.
Once complete, the unmarked words will reveal the answer.

- Cross-out 7 things commonly associated with Brazil
- Tick 5 words that rhyme with *laugh*
- Circle 7 superheroes
- Underline 7 things you might find in a tool box
- Scribble through 7 animals that hibernate
- Shade 8 types of wine



Pliers	Calf	Hulk	Chardonnay	Rio	Bears
Soccer	Merlot	Bats	Pinot Grigio	Screwdriver	Iron Man
Shiraz	Superman	Candle	Lemurs	Carnival	Wrench
Hedgehogs	Beaches	Half	Hammer	Bumblebees	Spiderman
Thor	Drill	Squirrels	Samba	Staff	Riesling
Moscato	Graph	Batman	Allen Key	Pinot noir	Capoeira
Caipirinha	Semillon	C-clamp	Wolverine	Behalf	Skunks

Refer to page 30 for answers

Body & Health Quiz

Enjoy this body and health themed quiz!

Question

- 1 Which part of the body is affected by chilblains?
- 2 What part of the body does a podiatrist look after?
- 3 On which side of the body is the heart?
- 4 What part of the body is affected by conjunctivitis?
- 5 What instrument usually worn around a Doctor's neck is used to listen to the heart and other organs?
- 6 In which part of your body would you find your palate?
- 7 Do veins carry blood to or from the heart?
- 8 What does a psychiatrist treat?
- 9 Which disease is spread by the bite of infected dogs or wild animals?
- 10 Is psoriasis is a skin disease. True or False?
- 11 If you are suffering from amnesia what have you lost?
- 12 Scurvy is caused by the lack of which vitamin: A, B or C?
- 13 Is your funny bone located in your elbow or is it part of the outer knee?
- 14 By what name do we call the first finger next to the thumb?
- 15 Where is your cochlea?
- 16 Where would you find your achilles tendon?
- 17 Where would you find you iris?
- 18 Insulin is a hormone. True or False?
- 19 How many bones are there in an adult human body: 206, 78, 188 or 152?
- 20 What connects your muscles to your bones?



FALL WORD SEARCH

H J N I F I P J K R F H R E T
A D M B Z O R U E T F J E Y H
L I U F T W O B M V R F W R A
L Y T N B R O T E P A J O E N
O Y U A Z T N Y B C K S L B K
W J A T C J D R S A E I F M S
E G L O F N D S O E L Q N E G
E S W E A T E R E C V L U V I
N C C C I D E R H L A A S O V
S I E D I R Y A H P P T E N I
O W O R C E R A C S U P M L N
W I Y C G V Y A F R G T A W G
N L D T E Y Y K K P I E I X E
J Q R S L X R E B M E T P E S
Y E T E V G Y T H W I C K U J

ACORN
FOOTBALL
NOVEMBER
SEPTEMBER

APPLES
HALLOWEEN
OCTOBER
SUNFLOWER

AUTUMN
HARVEST
PUMPKIN
SWEATER

CANDY
HAYRIDE
RAKE
THANKSGIVING

CIDER
LEAVES
SCARECROW
TURKEY

Chicken, bacon and cauliflower bake recipe for two

Prep 10 mins Cook 45mins Serves 2

Ingredients

2 tsp olive oil

10g butter

1/2 small (450g) cauliflower, trimmed, cut into small florets

1 rasher bacon, chopped

1/2 bunch spinach, trimmed, chopped

60ml (1/4 cup) pouring cream

1 tsp fresh thyme leaves (optional)

1 green shallot, trimmed, sliced

250g chicken thigh fillets, fat trimmed

1/4 cup grated 3-cheese mix



Method

Step 1

Preheat oven to 200°C/180°C fan forced.

Lightly grease a 1L (4— cup) capacity ovenproof baking dish.

Step 2

Heat the olive oil and butter in a large frying pan over medium until the butter is foaming. Add the cauliflower, trimmed, cut into small florets and 1 rather bacon, chopped.

Cook, stirring occasionally, for 8—10 minutes or until light golden.

Step 3

Add spinach, to the pan. Cook, stirring, for 2 minutes or until wilted.

Remove from heat and add the pouring cream, thyme leaves (optional) and half 1 green shallot, trimmed, sliced.

Stir to combine.

Transfer to the prepared dish.

Step 4

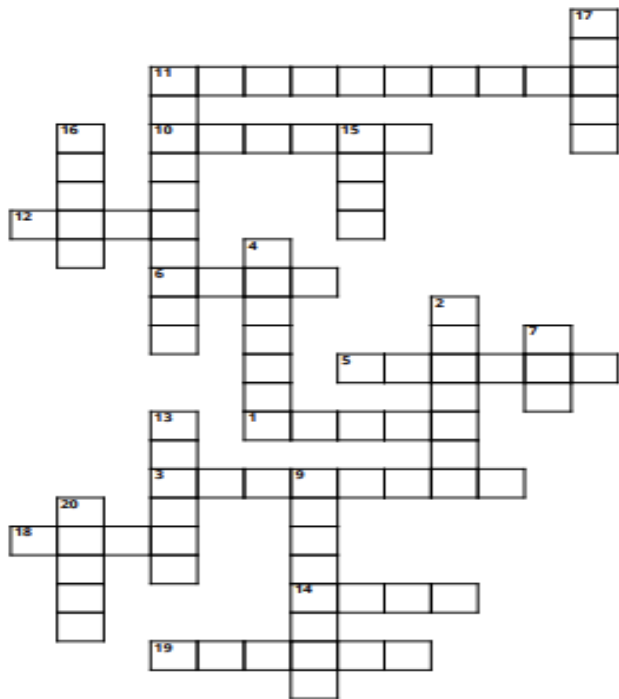
Wipe the pan clean and spray with oil. Add chicken thigh fillets, to the pan and cook for 2 minutes each side or until golden. Place on top of the cauliflower mixture.

Step 5

Sprinkle 3-cheese mix around the chicken. Bake for 20-25 minutes or golden brown. Stand for 5 minutes before serving topped with the remaining shallot.

<https://www.taste.com.au/recipes/easy-oven-baked-frittata>

Crossword



Across

1. GarbSwedish film star - 5
3. Young small people - 8
5. Capital of Russia - 6
6. The opposite of strong - 4
10. Bulbous flowers beginning with T - 6
11. Large red summer fruit - 10
12. A Russian emperor - 4
14. The opposite of bad - 4
18. Eternal City - 4
19. Mouth of a volcano - 6

Down

2. Error - 7
4. Female pouch for personal articles - 7
7. Small toy that spins - 3
9. Sue take to court - 8
11. Money removal from ones bank account - 10
13. Vessel to collect water - 6
15. Worship - 4
16. Severe - 5
17. A nickname for a rabbit - 5
20. Cowboy show - 5



Word Ladder #9

It starts with POT and ends with an animal. Use the clues to find out what it is! At each step along the way, change just one letter to make a new word.

WORD	HINT
<u>P O T</u>	
____	Quick, gentle touch
____	Worn to cover the head
____	High degree of heat
____	Small bed for a baby
____	To make an opening or an incision
____	Container for drinking
____	A slang word for 'yes'
____	A baby dog

Word Search



MOTHER'S DAY

Y W R K T K K Y O L O V E R
S H G O C H O C O L A T E S
F E C F L O W E R S U H W Z
A L R O S E S G I F T S B B
M P F R N R M G W O E P A J
I T U G R S Y O M I S E K V
L M C I E W O D D G V C E X
Y O U V A N N L U E U I B S
G T D E D A G H E M L A R U
C H D S R E G Y V W D L U N
O E L G R N U R T U R E N D
O R E Q P H K I S S E S C A
K Q M E M O R I E S M M H Y
T A C C N J W S U P P O R T

Love

Grandmother

Console

Hugs

Memories

Gifts

Role Model

Cook

Chocolates

Bake

Kisses

Sunday

Read

Mother

Brunch

Forgive

Nurture

Flowers

Support

Family

Cuddle

Roses

Help

Special

How to Play Sudoku

Sudoku is a puzzle involving logic - no arithmetic or guessing is required! The basic idea of completing puzzles is to find cells (the small squares) where you are sure that only one value is a valid placement.

The Basics

The rules of Sudoku are that you should fill a number in to every cell in the grid, using the numbers 1 to 9. The restriction is that you can only use each number once in each row, each column, and in each of the 3 x 3 boxes.

HAVE A GO AT SUDUKO!!!

						5		
					4		6	7
1				7		2	4	3
8					3			4
2	6			4			1	8
7			6					2
9	7	1		2				5
3	4		7					
		5						

See Answers on page 30

Afternoon TEA PARTY & Sausage Sizzle

National 20-26 MAY 2024
Volunteer
Something for Everyone **Week**

Western Australian
Community
Resource
Network
Your local connection

Thursday
23 May 2024
5-7pm

**SAVE THE
DATE**



Venue: Southern Forests
Community Landcare Office
(old Top Notch Cafe)

"Celebrating Our Volunteers" **VOLUNTEERS**

Weird Things about Australia

Before knowing these weird facts and things about Australia, it's important to understand that each country takes great pride in their traditions and facts, which means that even if they might not make sense in other countries, they will do their owners! So, let us show you some Australian facts and things you didn't know.

Kangaroos in Australia

These are over 60 different types of kangaroos in Australia. A baby kangaroo is only about two centimeters long when born! It's meat is considered the best, and a lot of people consider it a healthier alternative to beef or lamb. Australians actually eat their national animal!

The Australian Alps and the Swiss Alps

A lot of people visit Australia for it's beaches and amazing sun. he Australian Alps are a great destination for skiing enthusiasts! Since snow usually falls between June and September, Australia is the perfect place to go skiing during the Northern Hemisphere summer. One of the weirdest things about Australia is the snow. It's said that the Australian Alps get more snow than the Swiss Alps; that's why a lot of people end up visiting the Australian Alps; not only do they get to enjoy the weather, but they also enjoy the snow that comes with it.

Australia has the Cleanest Air in the World

Australia, especially the island of Tasmania, has the cleanest air in the entire world. If you love walking, this will be the perfect place for you! You'll also walk and get to see wonderful views, including Wineglass Bay and the Bay of Fires. If you don't like walking, there are other activities you can do, including kayaking, mountain biking, and exploring the island's caves. You'll also see a lot of animals, including the Eastern Quoll, which is now considered extinct on the mainland. They are commonly sighted in the farmland of Tasmania.

2.5 km of Uluru is Underground

Located in the red centre of Australia, Uluru is surrounded by scrubland and is sacred to various Aboriginal tribes in the area. One of the weird facts about Australia's Uluru is that it is listed twice as a UNESCO World Heritage Site. It is listed on both the cultural and natural lists. Also, about .5km of the rocks are thought to be underground and are connected to the Olga's, in which the rocks emerge again...

Weird Things about Australia

Australia's First Police Force Was Made Up Of convicts

It's a very weird fact about Australia, we know! Australia had no formal police force when it was first colonized. Since they needed a police force, especially after an economic crisis hit the country, the government created a programme for safety. This, however, did not work well, which led to John Smith becoming the first recorded police officer in Australia!

Only Country in the World to have Aircraft Land in it's CBD

Perth is the only city in the world where aircraft can land in it's CBD (Central Business District) it is ranked as one of the world's most livable cities and is an ideal destination students. Langley Park, an open space in the central business district of Perth, makes Perth a place where fixed wing aircraft can land safely.

Camels in Australia

Contrary to popular belief, Australia houses a larger population of camels than Egypt and actually exports them to Saudi Arabia! This is by far one of the weirdest facts about Australia, as we didn't really expect it at all!

Cabbies' Chitchatting

Another one of the weird things about Australia is that when you get into a cab, it is a given that you will start a quick chitchat with the driver. If you got off without knowing what he used to do before being a cab driver, you failed it! Drivers in Australia are also super-friendly, and they understand that one of the cultural norms in Australia is to chat with passengers about anything they like! This fact is one of the most popular ones, as it shows how friendly and talkative Australian are!

What's unique about Australia?

Australia is really famous worldwide for it's natural wonders, wide-open spaces, beaches, deserts. "The Bust", and "The Outback". Australia is one of the world's most highly urbanized countries; it's well known for it's attractive mega cities such as Sydney, Melbourne, Brisbane, and Perth! All of this together makes Australia really unique and attractive.

Answers to Food quiz from page 18

1. Strawberry 2. Ketchup 3. Bacteria P. Shermanii 4. Almond
5. Root 6. Broccoli 7. Iron 8. Mars & Murrie
9. Cucumbers—96% water 10. Potato 11. Honey 12. Milk
13. Mango 14. Banana 15. Strawberry 16. Orange 17. Carrot
18. Fig 19. Carolina Reaper 20. Kapi Luwak

Answers to Body & Health quiz from page 20

- Stethoscope 6. Mouth 7. To your heart 8. Mental illness
9. Rabies 10. True 11. Your memory 12. C 13. Elbow
14. Index, forefinger, pointer 15. Ear 16. Heel 17. Eye
18. True 19. 206 20. Tendons

Answers to word ladder from page 24:

Pot, Pat, Hat, Hot, Cot, Cut, Cup, Yup, Pup

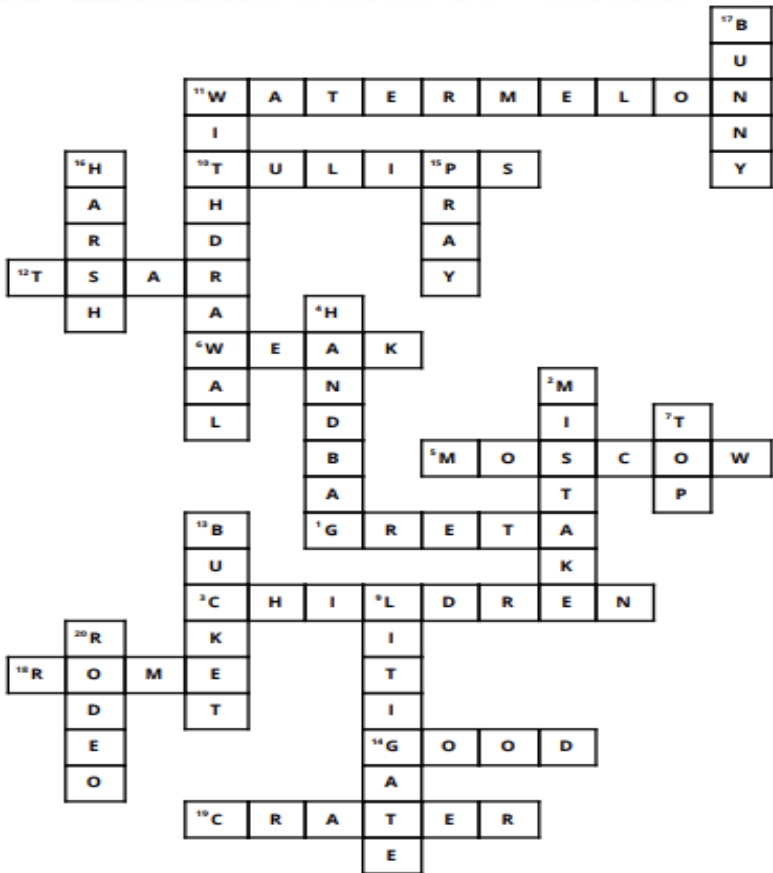
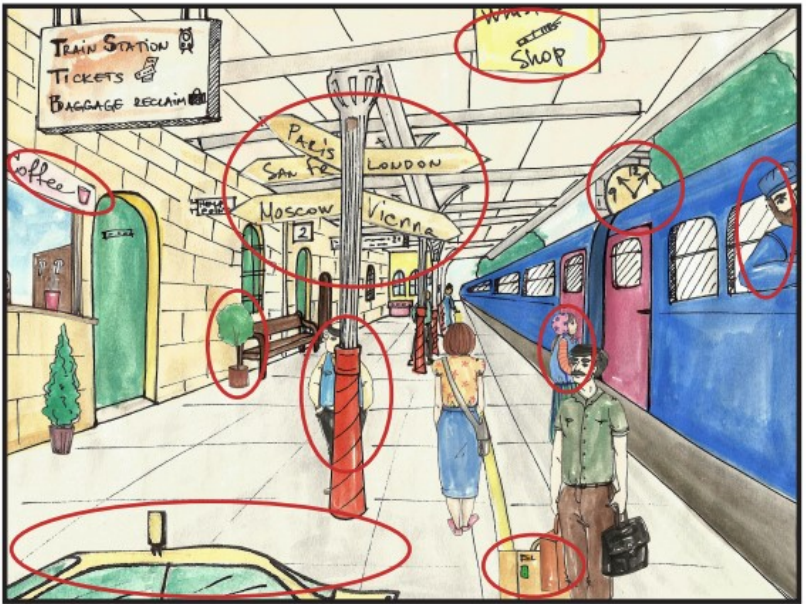
Answers to Sudoku from page 26

4	3	7	8	6	2	5	9	1
5	9	2	1	3	4	8	6	7
1	8	6	9	7	5	2	4	3
8	5	9	2	1	3	6	7	4
2	6	3	5	4	7	9	1	8
7	1	4	6	9	8	3	5	2
9	7	1	3	2	6	4	8	5
3	4	8	7	5	9	1	2	6
6	2	5	4	8	1	7	3	9

Answer to riddle from page 19: Candle

FIND THE HIDDEN OBJECTS

Can you find all 10?





I'm old enough
to make my own
decisions...
Just not young
enough to
remember what
I decided...

And the winner of the \$5.00
scratchie is

Robert Nicholas

CONGRATULATIONS!



**YOUR COMMENTS & FEEDBACK
ARE ALWAYS WELCOME.**

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