

# Manjimup Home and Community Care Wellness and Respite Community Centre



## Crowea, Boronia, Autumn and Golden Oldies Club Activities

### HAVE A LOOK INSIDE

- Social Club Outings and Activities
- Boronia Club Activities
- Over 50's Fitness Group
- Tai Chi
- Men's Outings
- Repair Café
- **Christmas luncheon**



December 2024  
Consumer, Staff &  
Volunteers Monthly  
Newsletter



## OFFICE CLOSURE INFORMATION

The Wellness and Respite Community Centre **will be closed for an hour** every Monday morning **from 10.30am -11.30am** for an office meeting



On the 3rd Wednesday of the month, the centre will be closed **from 1:30 pm -2:30pm** for our all of staff meeting”.

We apologise for any inconvenience. Team meetings are Important to support quality improvement discussions and training needs.

We require volunteers for a variety of roles such as transporting clients for appointments to Bunbury & Busselton, local appointments, and meals on wheels delivery. Other volunteering roles are also available such as helping out at our clubs, cooking & other club activities.



**Please note:** You will be provided with a MHCC vehicle for transports to Bunbury or Busselton.

For further information please contact the office on 9771 6900

See if you find  
this  
picture in the  
Program



I	D	O
F	C	N
N	E	T

How many words can  
you make?  
Each word must  
contain the middle  
letter.



# Repair Café



10:00am-12:30pm

2nd Monday of the month

12th August, 9th Sept, 14th Oct,

11th Nov & 9th Dec



**BRING** ➡ your broken items (clothes, jewellery, toys, household items)

**SAVE** ➡ money

**STAY** ➡ while your item is mended

**ENJOY** ➡ light refreshments (thank you Park Cafe)

**LEARN** ➡ new skills

**PROTECT** ➡ the environment

**CONNECT** ➡ with others

## Venue

Wellness and Respite Community Centre

1A Edwards Street

Call Ph: 9771 1653 for more information

Supported by





Christmas is coming...Ho ho ho

**Yes Christmas is Coming AGAIN!**

The office will be closed **Wednesday and Thursday 25-26 December and Wednesday 1 January.**

Essential services only will be available on the above dates.

Other days will be business as usual, however to assist us with staff planning please let us know as soon as possible if you will not be requiring your normal services.

If your normal support falls on any of the public holidays, you will be contacted in regard to an amended service time.

Contact the office - 9771 6900



Save the date for the Client Christmas Lunch:

**WHERE:** Wellness & Respite Community Centre

**WHEN:** Tuesday 3 December

**TIME:** 11.30 @ venue

Pick up starts at 10.00am Manjimup,  
10.00am Northcliffe & 10.45am Pemberton

**COST:** \$35.00 Lunch

\$ 6.50 Manjimup transport

\$15.00 Pemberton & Northcliffe transport

**MENU:** 3 Course Traditional Christmas Fare,  
soft drinks included.

### *ENTERTAINMENT AND RAFFLES*

Bookings and payment are essential for catering  
purposes by Monday 25 November

Vegetarian option or special requests (please notify  
when booking)

Please phone the office on  
**9771 6900**

## To Thank Our Volunteers

We would like to invite you to a delicious Christmas luncheon to show our appreciation and to celebrate International Volunteer Day.

This year we will incorporate Thank a Volunteer with our consumers Christmas luncheon, so our consumers have the opportunity to thank you for all your volunteering throughout the year.



**Date:** Tuesday 3 December

**Time:** 11.00am – 2.00pm

**Place:** Wellness & Respite Community Centre

**RSVP essential:** Before 25 November

Bookings are essential prior to 25 November for catering purposes on 97716 900

## DOGS TO BE RESTRAINED

To ensure the safety and comfort of everyone during our visits, we kindly ask that dogs are either kept on a leash or in a separate room while our staff members are in your home.

This will help us provide the best care and attention to your needs.

Thank you for your understanding and cooperation.

If you are not willing to comply your support worker will be instructed to leave the home and service will be charged.



## Preparing for Summer...



### Safety tips for seniors as summer is upon us.

**Stay Hydrated:** Keep up your water intake. Avoid excessive caffeine & alcohol.

**Stay Cool:** Use air conditioner & fans where possible. Apply a wet cloth to your neck & dip your feet in a bowl of water. Cool off in the shower if required. Dress appropriately, light cottons, loose clothing, avoid synthetics.

**Avoid the sun:** Stay out of the sun during the hottest part of the day. Plan any outdoor activities early. If you go outside, wear a hat & apply sunscreen.

**Check in with family & friends:** Have an emergency plan in place. Check in with family & neighbours.

**Recognise the signs:** Abnormal high body temperature is common. Seek medical help if you're experiencing rapid pulse, headache, heavy breathing, nausea or vomiting... All can be signs of heat stroke.

**Medications:** Some medications can be affected by high temperatures & should be stored in a cool place.

## WALKING AIDES

If you bring a walking aide on outings, it is your responsibility to notify and ensure the driver puts it in the bus.

### MEN'S OUTING

**WHEN:** Wednesday 4 December  
**WHERE:** Wild bull brewery  
**TIME:** Pick up Manjimup starts at 8.00am  
**COST:** \$20.00 transport



Come along and enjoy a day out with mates in the Ferguson Valley .

Lunch at The Wild bull brewery at your own expense.

**Bookings are essential prior to 27 November;** please contact the office on 9771 6900

### ALL CLUBS SOCIAL OUTING

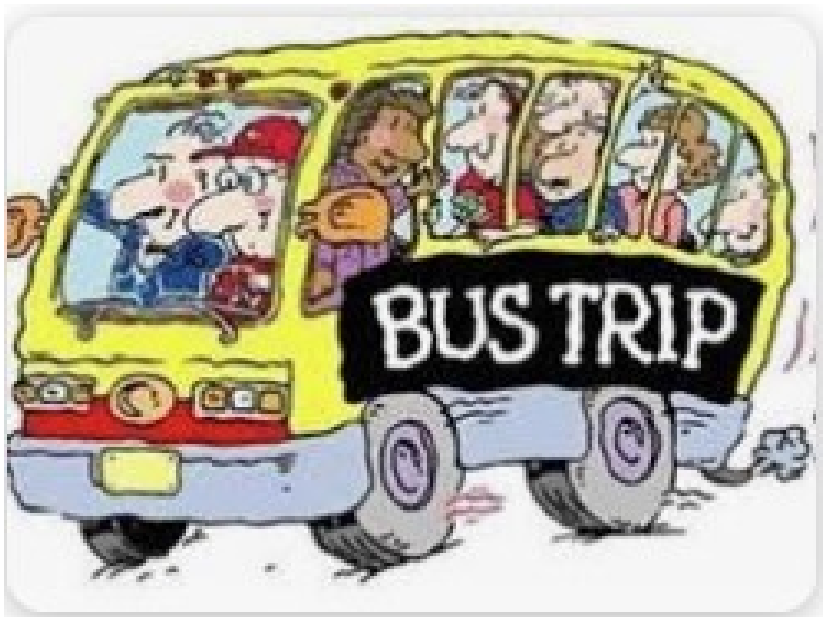
**WHEN:** Wednesday 11 December  
**WHERE:** Quinninup Tavern  
**TIME:** Pick up Manjimup 9.30am  
Pick up Pemberton CWA 10.00am  
Pick up Northcliffe 10.30am  
**COST:** \$20.00 transport



Come along and enjoy the last social outing for 2024, lunch at Quinninup Tavern for a meal, order off the menu at your own expense.

**Bookings are essential prior to 4 December;** please contact the office on 9771 6900





## ROYAL GALA TOURS

**When:** Tuesday 17 December

**Where:** Mandurah Lights

**Cost:** \$140.00



**Includes:** Transport, Cruise & 3 course dinner

Ramp up your festive season with a tree-course meal at Cicerello's before embarking on a tour of the canals. Marvel at the extraordinary mass of light that adorn the Mandurah Canals at this time of the year. This popular cruise sells fast!

**Book your seat early!**

For all bookings & information phone Royal Gala on **1300 233 556**

**Pick up Manjimup**—New Visitors Centre

## BORONIA CLUB

10am - 2pm every Monday and Friday

The Boronia Club provides a warm, homely environment.

Family carers can enjoy a short break from their caring role, confident in the knowledge that their loved one is enjoying a wonderful time with caring, staff and friends.

If you are feeling lonely or socially isolated come along and have some fun.

The day consists of morning tea and a nutritious hot meal cooked at the Centre.

We provide a range of meaningful activities or just a space to enjoy company and interaction with others.

**Boronia Club runs on Mondays and Fridays with a pick up service beginning at 9.15am.**

If you would like more information, please contact the Wellness & Respite Community Centre during office hours on **9771 6900**

## The Lunch Bunch

Let's hit the restaurants/cafes on the 1st Friday of every month.

**Where: PARK Manjimup Cafe**

**When:** Friday 6 December

**Time:** Pick up starts 11.30am

**Venue:** 12.00pm

Come along and enjoy a day off preparing lunch, sit back and enjoy the company of others.

Bookings are essential: please phone office on 97716 900.



## TAI CHI

**WHEN:** Every Wednesday 10.30am - 11.30am

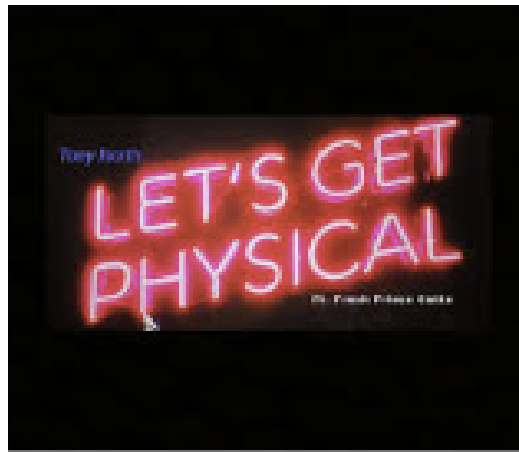
**COST:** \$10.00

**WHERE:** Wellness and Respite Community Centre



The benefits of Tai Chi for seniors are incredible. A low-impact, relaxing form of exercise that only requires about 20 minutes a day and rewards your efforts. Tai Chi is an internal Chinese martial art in the sense that it focuses on mental and spiritual aspects integrated into movement.

If you require more information please the phone office on 9771 6900.



## Over 50's Exercise Group

Combine fun, dancing and fitness at the over 50's Exercise Group

**WHEN:** Every Tuesday and Thursday

**WHERE:** Wellness and Respite Community Centre

**TIME:** 9.00am - 10.00am: **Followed by morning tea**

**COST:** \$4.00



For anyone over the age of 50, all fitness levels are welcome to join in. The exercise program is a private group of seniors that get together to keep their body and mind active & moving.

Join us for a delicious, home made hot lunch at 12.00pm at the Manjimup Wellness & Respite Community Centre.

All meals will be served at 12.00pm.

Cost for CHSP clients \$12.00

Cost for NON –CHSP CLIENTS \$16.50

If you would like to be approved for meals as a CHSP client you will need a referral, followed by a phone call or possibly a face to face assessment from the My Aged Care team.

**Please let us know if you have any food allergies. That way we can make sure we don't include the allergen in our meals.**

Bookings are essential, please phone reception on 9771 6900

GOOD FOOD

GOOD MOOD

## MONDAY MENU

**2 December** — Rissoles served with vegetables.

Dessert: Peaches & rice cream.

**9 December**— Chicken stirfry served with noodles.

Dessert: Apple pie & cream.

**16 December**— Curried sausages, mash & greens.

Dessert: Fruit & ice cream.

**23 December**— Roast chicken served with roasted vegetables.

Dessert: Ice cream on a stick.



## THURSDAY MENU

**5 December**— Mango chicken & rice.

Dessert: Berries & ice cream.

**12 December** — Rissoles served with vegetables.

Dessert: Apple pie & custard.

**19 December**— Roast Pork, served with roasted vegetables & greens.

Dessert: Fruit salad & custard.

**26 December**— **BOXING DAY PUBLIC HOLIDAY**



## FRIDAY MENU

**6 December**— Barbecue served with salad

Dessert: Fruit.

**12 December**—Chicken parmigiana served with vegetables.


Dessert: Custard Danish & ice cream.

**20 December**— Quiche, chips & salad.



Dessert: Self saucing pudding & custard.



# CROWEA & BORONIA CLUB M

Mon 2	Tues 3	Wed 4
<p>Boronia Club (refer to page 10)</p>	<p><b>Christmas luncheon</b> (refer to page 5)</p>	<p>TAI CHI (refer to page 11) Men's Outing (Refer to page 8)</p>
Mon 9	Tues 10	Wed 11
<p>Boronia Club (refer to page 10) Repair Café (refer to page 3)</p>		<p>TAI CHI (refer to page 11) Social Outing (refer to page 9)</p>
Mon 16	Tues 17	Wed 18
<p>Boronia Club (refer to page 10)</p>	<p>Over 50's Exercise Group (refer to page 11)</p>	<p>TAI CHI (refer to page 11) Men's Outing (Refer to page 8)</p>
Mon 23	Tues 24	Wed 25
<p>Boronia Club (refer to page 10)</p>		
Mon 30	Tues 31	
		

# MONTHLY ACTIVITIES PROGRAMME

Thurs 5	Fri 6	Sat 7
<p>Over 50's Exercise Group (refer to page 11)</p> <p><b>Lunch</b> 12pm—1pm If you require lunch remember to order</p> <p>Bingo 1.00—3.00pm</p>	<p>Boronia Club (refer to page 10)</p> <p><b>The Lunch Bunch</b> (refer to page 10)</p>	<p>Busselton/ movies</p> <p>Pick up starts 8.00am</p> <p>Drop home approx 4.00pm</p>
Thurs 12	Fri 13	Sat 14
<p>Over 50's Exercise Group (refer to page 11)</p> <p><b>Lunch</b> 12pm—1pm If you require lunch remember to order</p> <p>Bingo 1.00—3.00pm</p>	<p>Boronia Club (refer to page 10)</p> <p><b>OFFICE WILL BE CLOSED FROM 10.00am-2.00pm</b></p>	
Thurs 19	Fri 20	Sat 21
<p>Over 50's Exercise Group (refer to page 11)</p> <p><b>Lunch</b> 12pm—1pm If you require lunch remember to order</p> <p>Bingo 1.00—3.00pm</p>	<p>Boronia Club (refer to page 10)</p>	
Thurs 26	Fri 27	Sat 28
		
		<p>Please phone the office on <b>9771 6900</b> to book the Activities.</p>

# Festive Season Awareness

## BURGLARIES – HOUSE

- Don't leave your garage, front or back door open or partially open – it serves as an invitation to burglars/robbers.
- Only open windows that have security screens, thereby preventing easy access.
- Keep valuables away from open windows.
- Windows left open should not be visible from the street.
- When purchasing quality items, don't throw boxes that show quality name brands in refuse bins or in the street - criminals are on the look-out for that.
- Cut boxes up, and seal in a black plastic bag.
- Ensure alarm is activated, even if you are simply 'quickly going somewhere'.
- Know your neighbours, so that suspicious movement or activities can be noted and reported to the Police.
- **Ask for proof of identity from people you don't know coming to your door. (our support workers will always have an identity tag or badge).**

## SMASH & GRAB—VEHICLE

- Keep all the windows in your vehicle closed, and the doors locked while stationary at an intersection.
- Keep valuable items out of sight.
- Be constantly on the lookout for suspicious characters.
- Leave a space between your vehicle and the vehicle in front of you, it gives you space to move should you feel threatened.
- Don't talk on your mobile phone in your car or in public, if you are distracted you can be seen as a potentially easy target.

## THEFT FROM MOTOR VEHICLE

- Ensure vehicle is securely locked when parking in a public area – check doors and boot before moving off.
- **Keep valuables out of sight.**

**KEEP SAFE**



## Christmas Quiz



### Questions

1. Which singer first recorded White Christmas?
2. Traditionally trinkets have been included in the plum pudding? Name a few. Maybe you can name more, different country, different trinket.
3. With whom do we associate gold, frankincense and myrrh?
4. Name a few plants associated with Christmas.
5. According to the song what did my true love send me on the 1st day of Christmas?
6. In Charles Dickens novel a "Christmas Carol" what was the name of the mean recluse around whom the story revolves?
7. What is the first line of White Christmas/
8. What time was it when Cinderella left the ball?
9. This plant is said to have magical properties when one is kissed under it.
10. What is the full name of Santa Claus?
11. Which part of a chicken is said to bring good luck to the one who breaks the largest piece?
12. In the story of Peter Pan what was the name of the fairy?
13. Name some of the characters in the pantomime Cinderella?
14. Who wrote White Christmas?
15. If Elvis isn't going to have a White Christmas what type of Christmas is he going to have?
16. Which fairy tale served as an inspiration for the first ginger bread house?
17. Which country does Eggnog, a Christmas drink, originate from?
18. What colours are the candy canes?
19. Which Christmas carol includes these lines "the stars in the bright sky looked down where he lay/the little Lord Jesus asleep on the hay.
20. Which reindeer is named after "Thunder"



# TRIAL A TRIKE DAY

**Experience the Ride: Try Modified Bikes & Trikes Tailored Just for You!**

Come along to view and have a go on our range of modified bikes and trikes, designed for children and adults living with disabilities.

Registered NDIS Provider



**This event is for people with disabilities, their carers, OT and physios.**

**Thursday 5 December 2024 | 9.30am - 2.30pm**

**The Round House, 80 Rose Street, Manjimup**

Contact the TADWA Recreation and Mobility Team:



08 9379 7479



recreation@tadwa.org.au



Brought to you by



**TADWA**

Technology for Ageing & Disability

WWW.TADWA.ORG.AU

# Word Search



## CAMPING

N A O L A N T E R N Q J C J  
F A M A R S H M A L L O W S  
A W T H G D S W I M M I N G  
U P I U Q J L L R S J G L F  
B P B L R G E Q M L I J B I  
A T Z C D E T M A E N L A S  
C F E A X L M X T E S O T H  
K W T N S X I A T P E T T I  
P W N O T H X F R I C R E N  
A D V E N T U R E N T A R G  
C Q L N S T A R S G S I I J  
K X H I K I N G S B P L E R  
C A M P F I R E F A S S S Q  
P E F L A S H L I G H T W G

Trails

Campfire

Flashlight

Air Mattress

Marshmallows

Stars

Insects

Lantern

Swimming

Wildlife

Sleeping Bag

Adventure

Canoe

Hiking

Batteries

Tent

Fishing

Backpack

Nature

Bugs

# Australia: Reminiscing About Life In 1915

Let's take a moment to journey back in time and explore the stark differences that characterized life in 1915.

- 1 Young Nation:** Australia became a nation on 1 January 1901 when six British colonies - New South Wales, Victoria, Queensland, South Australia, Western Australia and Tasmania - united to form the Commonwealth of Australia.
- 2 Population Shift:** In 1915, Australia's was a mere five million. A century later in 2015 it was twenty-four million, reflecting significant demographic changes.
- 3 Self-Reliance:** Without supermarkets, Australians crafted essentials like butter, soap, clothing, and furniture at home.
- 4 National Pride:** During WWI, Australian soldiers fought under their own flag for the first time, rather than under Britain's. This was a defining moment in the nation's history.
- 5 Fashion Trends:** Women donned tightly laced corsets, complete with boning and fastened by hooks and eyes.
- 6 Born at Sea:** It's fascinating to note that in 1915, 4,289 Australians were "born at sea," having entered the world on ships en route to Australia.
- 7 Religious Diversity:** When asked about their religious affiliation, a notable number of people responded with "don't care," while others boldly declared themselves as "Infidel," highlighting the diversity of beliefs at the time.
- 8 Laundry Struggles:** Washing clothes was a labor-intensive task in 1915, relying on washing soda and bluing instead of modern detergents.
- 9 Bathing Weekly:** Due to the absence of running hot water, bathing was a weekly ritual, with each family member sequentially sharing the same bathwater. Filling and emptying the bath required bailing and lading.
- 10 Illumination:** With no access to electric lighting, people retired to bed at dusk, relying on the warm glow of candlelight and kerosene lamps when needed, while gas lighting remained a luxury few could afford.
- 11 Lavatorial Arrangements:** Bathrooms and toilets were rare, and the "dunny," a can with a seat housed in a small shed in the backyard, served as the lavatory. Waste removal was handled by the "nightmen," named for their nocturnal waste collection duties.
- 12 Transportation:** Transportation in 1915 included trains, horses, horse-drawn vehicles, and bullocks. The steamship had also established itself as a key mode of travel by the early 1900s, significantly reducing travel time to Australia with the opening of the Suez Canal.

## Jokes

Q. What do you call two witches sharing an apartment?

A. **Broomates**

Q. What musical instrument would a pair of sheep play?

A. **Two Baaaa!**

Q. What do you call a rabbit with fleas?

A. **Bugs bunny**

Q. What is a baker's favourite joke?

A. **The cinnamon pun**

Q. Which type of bow looks best when it's soaking wet?

A. **A rainbow!**

Q. Why do dogs always manage to float in water?

A. **Because they're good buoys**

Q. Who won the neck decorating contest?

A. **It was a tie!**

Q. What do you call a dog who meditates?

A. **Aware wolf!**

Q. How much does a chimney cost?

A. **Nothing, it's on the house!**

Q. What do you call a criminal landing an airplane?

A. **Condescending!**

Q. What do you do to have a space party?

A. **You planet!**

Q. What's a skeleton's favourite type of road?

A. **A dead end!**

Q. Why don't pirates take a shower before they walk the plank?

A. **They just wash up on shore**

Q. Why did the doughnut go to the dentist?

A. **It wanted a chocolate filling**

Q. What do you call a zoo whose only animal is a dog?

A. **A shih tzu**



**Thank you Margaret O'breza**

## Riddles & Brain Teasers

### Questions

1. I can't be bought, but I can be stolen with a glance. I'm worthless to one, but priceless to two. What am I?
2. Turn me on my side and I am everything. Cut me in half and I am nothing. What am I?
3. No matter how little or how much you use me, you change me every month. What am I?
4. How can  $8 + 8 = 4$ ?
5. What fastens two people yet touches only one?
6. What kind of running means walking?
7. What can be swallowed, but can also swallow you?
8. They fill me up, and you empty me, almost every day. If you raise my arm, I work the opposite way. What am I?
9. Which tree letters can frighten a thief away?
10. First I am dried, then I am wet. The longer I swim, the more taste you get. What am I?
11. Lovely and round, I shine with pale light, grown in the darkness, a lady's delight. What am I?
12. I have a saddle, but no horse. I have a bridge, but no water. What am I?
13. I am a box that holds keys without locks, yet they can unlock your soul. What am I?
14. I have a big mouth and I am also quite loud! I am NOT a gossip, but I do get involved with everyone's dirty business. What am I?
15. What can be stolen, mistaken, or altered, yet never leaves you during your entire life?
16. What is yours, but mostly used by others?
17. What word begins with E, ends with E, but only has one letter?
18. Give me a drink, and I will die. Feed me, and I will get bigger. What am I?
19. What has many rings, but no fingers?
20. I go all around the world, but never leave the corner. What am I?

**Refer to page 30 for answers**

# Fun Riddle :

*I'm tall when I'm young*

*I'm short when I'm old*

*What am I?*

To answer this riddle, follow the steps below.

Once complete, the unmarked words will reveal the answer.

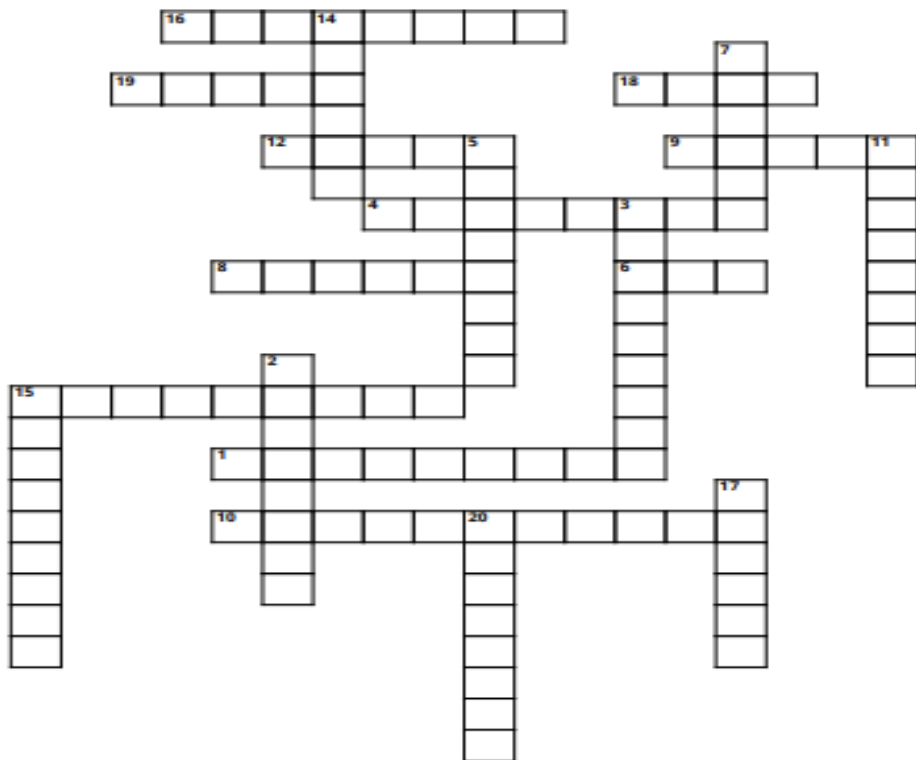
- Cross-out 7 things commonly associated with Brazil
- Tick 5 words that rhyme with *laugh*
- Circle 7 superheroes
- Underline 7 things you might find in a tool box
- Scribble through 7 animals that hibernate
- Shade 8 types of wine



Pliers	Calf	Hulk	Chardonnay	Rio	Bears
Soccer	Merlot	Bats	Pinot Grigio	Screwdriver	Iron Man
Shiraz	Superman	Candle	Lemurs	Carnival	Wrench
Hedgehogs	Beaches	Half	Hammer	Bumblebees	Spiderman
Thor	Drill	Squirrels	Samba	Staff	Riesling
Moscato	Graph	Batman	Allen Key	Pinot noir	Capoeira
Caipirinha	Semillon	C-clamp	Wolverine	Behalf	Skunks

Refer to page 27 for answers

## CHRISTMAS CROSSWORD PUZZLE

**Across**

1. Stand underneath this to get a kiss - 9
4. Another name for gifts - 8
6. The color of Rudolph the Reindeers nose - 3
8. Hang this on your door - 6
9. Evergreen with red berries - 5
10. House made of sweet treats - 17
12. Little helpers - 5
15. One of the Three Wise Men - 9
16. Hang it up on Christmas eve - 8
18. Bright light in the night sky - 4
19. One of the Christmas colors - 5

**Down**

2. The scene depicting the Christmas story - 8
3. Where Santa lives - 9
5. Keeper of the flocks - 8
7. Christmas songs - 6
11. The Christmas Season - 8
14. Made of wax and shines brightly - 6
15. City where Jesus was born - 9
17. Open this calendar one day at a time - 6
20. Santas favorite animals - 8

Refer to page 27 for answers



## Old Wives Tales— True or False

Old wives are widely held traditional beliefs that are now thought to be unscientific or incorrect. Nevertheless, many old wives tales have been scientifically proven to be true! Can you guess which ones?

### Question

1. Onion is good for wasp stings
2. Never rinse your hair in hot water
3. Bar of soap in bed for leg cramps
4. Knock on wood to prevent disappointment
5. Walking under a ladder is bad luck
6. The number 13 is bad luck
7. Fix wood scratches with walnut
8. If your ears are burning someone is talking about you
9. Don't let a person with a head injury go to sleep
10. Cheese before bed causes nightmares
11. Stress can cause grey hair
12. Newspaper are great glass cleaners
13. Find a penny, pick it up all day long, you'll have good luck!
14. Bulls hate the colour red
15. Bees are only attracted to the colour yellow
16. Coffee stunts your growth
17. Gargle salt water to relieve a sore throat
18. Take a cold bath when you have a fever
19. When boiling eggs, add a pinch of salt
20. Put bread on burned rice



## Answers to Old Wives Tales from page 25

1. False 2. True 3. False 4. False 5. False 6. False 7. True 8. False 9. False 10. False 11. False 12. True 13. False 14. False 15. False 16. False 17. True 18. False 19. True 20. True

## How to Play Sudoku

Sudoku is a puzzle involving logic—no arithmetic or guessing is required! The basic idea of completing puzzles is to find cells (the small squares) where you are sure that only one value is a valid placement.

### The Basics

The rules of Sudoku are that you should fill a number in to every cell in the grid, using the numbers 1 to 9. The restriction is that you can only use each number once in each row, each column, and in each of the 3 x 3 boxes.

## HAVE A GO AT SUDUKO!!!

					1			
					6		4	5
6	4					3		8
2		3			4		9	1
				3				
9	5		6			7		4
4		2					7	6
7	8		9					
			7					

CHRISTMAS CROSSWORD PUZZLE



15 S T O 14 C K I N G																		
				A								7 C						
19 G R E E N											18 S T A R							
				D								R						
			12 E L V E 1 S								9 H O L L 11 Y							
				E					H		L		U					
				4 P R E S E				2 N T S						L				
								P						E				
				8 W R E A T H								6 R E D		T				
								E						I				
								R						D				
								D						E				
			2 N								O							
16 B A L T H A Z A R																		
E								T						L				
T				1 M I S T L E T O E														
H								V						17 A				
L				10 G I N G E											20 R B R E A D			
E								T						V				
H								Y						E				
E												N						
M												D						
												E						
												E						
												R						

Answer to riddle from page 23: Candle

# Christmas through the eyes of a child

By Stephen Brown

Christmas eve is drawing near and I hope Santa brings me two presents like he did last year.

All I want is a dolly and a Lego set and wow this would be my bestest Christmas ever, my bestest Christmas yet.

As mummy tucked me into bed that Christmas eve she said, "if you want those presents little one just believe, so go to sleep and rise with the sun, then it will be Christmas day time to open your presents and have lots of fun".

So, I went to sleep and drifted off to dream land where I met Santa Claus and the Sand Man.

I dreamt that Santa gave me a dolly and a legs set and I said," wow Santa this my bestest Christmas ever, my bestest Christmas yet".

Suddenly I woke with a start and much to my surprise the sun was shining high up through my bedroom window.

So, I jumped out of bed and ran down the stairs and looked up at the Christmas tree and of yes there was the Arch Angel Michael Angelo smiling down at me.

Santa Claus had eaten the cake and drank the glass of milk and left a pretty little head scarf in its place made out of pure Chinese silk.

Then I was back under the Christmas tree looking for the presents that Santa had left for me.

And oh yes there was my dolly and my Lego set.

Wow I whispered this my bestest Christmas ever, my bestest Christmas yet.

I sat in the middle of the flour with Christmas wrapping scattered all over the place.

I knew I wasn't in trouble when mummy and daddy walked into the room because they both had big smiles all over their face.

Look I cried I've got my dolly and my Lego set, wow mummy and daddy this is my bestest Christmas ever, my bestest Christmas yet.

## Christmas through the eyes of a child

Now I can build my dolly a little Lego horse and she can go riding around everywhere on her Lego horse of course.

I want you to show me how to make Dandy Lion chains because I have to make him a halter and bridle and I have to make him some reins, then my dolly can go galloping everywhere on her Lego horse with a Primrose tucked in her hair of course.

Then it was time to go for lunch.

As I walked into the dining room I stopped in shocked surprise, there was a huge table laden with all sorts of goodies right before my eyes.

There was rum balls and apple pie and scones with fig jam and cream, I thought I was asleep again back in one of my dreams.

There was ham and turkey and plenty of chicken and oh yes there was mummy over by the stove waiting for the custard to thicken.

Then our family and relleze went to the table and sat in their place and I listened to daddy thank the Lord for all our food as he said grace.

I was so overcome with joy I jumped up and yelled, “look I’ve got my dolly and my Lego set and wow everybody this is my bestest Christmas ever, my bestest Christmas yet”.

The end



## Answers to Christmas Quiz from page 17

1. Bing Crosby 2. Sixpence, Coin, Button, Horseshoe, Thimble, Ring. 3. The Three Wise Men 4. Mistletoe, Holly, Pine, Ivy, Christmas Bells 5. A Partridge in A Pear Tree 6. Ebenezer Scrooge 7. I'm Dreaming Of A White Christmas 8. Midnight 9. Mistletoe 10. Saint Nicholas 11. Wishbone 12. Tinkerbelle 13. The Ugly Sisters, The Fairy Godmother, Prince Charming, These Are A Few, You May Know More. 14. Irving Berlin 15. A Blue Christmas 16. Hansel And Gretel 17. England 18. Red And White 19. Away In A Manger 20. Donner, The German Word For Thunder.

## Answers to Riddles & Brain Teasers from page 22

1. Love 2. The number 8 3. A calendar 4. When you think in terms of time 8 AM + 8 hours = 4 o'clock 5. A wedding ring 6. Running out of gas 7. Pride 8. A mailbox 9. ICU 10. Tea 11. A pearl 12. A violin 13. A piano 14. A vacuum cleaner 15. Your identity 16. your name 17. Envelope 18. A fire 19. A telephone 20. A stamp

## Answers to Sudoku from page 26

8	7	5	6	4	1	3	9	2
1	9	4	2	3	8	5	7	6
3	6	2	9	5	7	1	4	8
5	8	3	7	1	9	6	2	4
2	1	9	8	6	4	7	5	3
7	4	6	3	2	5	8	1	9
9	5	1	4	8	6	2	3	7
4	2	8	5	7	3	9	6	1
6	3	7	1	9	2	4	8	5

# Short Story: How the Grinch Stole Christmas

## How the Grinch Stole Christmas

*by Dr. Seuss*

...So he paused. And the Grinch put his hand to his ear.  
And he did hear a sound rising over the snow.  
It started in low. Then it started to grow.  
But the sound wasn't sad! Why, this sound sounded merry!  
It couldn't be so! But it WAS merry! VERY!



He stared down at Whoville! The Grinch popped his eyes!  
Then he shook! What he saw was a shocking surprise!  
Every Who down in Whoville, the tall and the small,  
Was singing! Without any presents at all!

He HADN'T stopped Christmas from coming! IT CAME!  
Somehow or other, it came just the same!  
And the Grinch, with his grinch-feet ice-cold in the snow,  
Stood puzzling and puzzling: "How could it be so?"

"It came with out ribbons! It came without tags!"

"It came without packages, boxes or bags!"

And he puzzled three hours, till his puzzler was sore.

Then the Grinch thought of something he hadn't before!

"Maybe Christmas," he thought, "doesn't come from a store."

"Maybe Christmas...perhaps...means a little bit more!"...



And the winner of the \$5.00  
scratchie is

**Esme Foulds**

**CONGRATULATIONS!**



**YOUR COMMENTS & FEEDBACK  
ARE ALWAYS WELCOME.**

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